

# DRAINING

**NAME: FORMULA 01**

**PRESENTATION: 500ml**

**HOW TO TAKE:** Take

15ml at breakfast, on an empty stomach and 15ml before lunch. For easier dosing, you can dilute each dose in a little water or in a half-liter bottle.

## INGREDIENTS:

## QT. DAILY:

Hydrophilic Ext. <i>Zingiber officinale</i> , Ginger	1750mg
Hydrophilic Ext. <i>Garcinia cambogia</i> , Garcinia Colina	1000mg
	165mg
Hydrophilic Ext. <i>Lycium barbarum</i> , Goji	100mg
Hydrophilic Ext. <i>Silybum marianum</i> , Milk Thistle Vitamin C Hydrophilic	100mg
	80mg
Ext. <i>Cynara scolymus</i> , Artichoke Hydrophilic Ext. <i>Taraxacum officinale</i> , Dandelion Hydrophilic ext. <i>Garcinia mangostana</i> , Mangosteen Concentrated juice of <i>Citrus limon</i> , Lemon Concentrated juice of <i>Pineapple sativus</i> , Pineapple Hydrophilic ext. <i>Beta vulgaris</i> , Beet Hydrophilic ext. <i>Capsicum annuum</i> , Cayenne pepper Selenium Chromium	50mg
	50mg
	50mg
	21mg
	16mg
	10mg
	10mg
	55µg
	40µg



# DRAINING

**NAME: FORMULA 02**

**PRESENTATION: 500ml**

**HOW TO TAKE:** Dilute

25ml in a 1.5L bottle of water and drink throughout the day, preferably outside of meals.

## INGREDIENTS:

Ext. Hid. *Centella asiatica*, Centella Asiatica Ext.  
 Hid. *Filipendula ulmaria*, Queen of the Meadows Ext.  
 Hid. *Arctium lappa*, Burdock Ext.  
 Hid. *Aesculus hippocastanum*, Horse chestnut Ext. Hid.  
*Betula alba*, Birch Ext. Hid.  
*Cynara scolymus*, Artichoke Ext. Hid.  
*Equisetum arvense*, Horsetail Ext. Hid.  
*Hieracium pilosela*, Pilosela Ext. Hid.  
*Lippia citriodora*, Lúcia-lima Ext. Hid.  
*Silybum marianum*, Cardo Mariano Ext. Hid. *Vitis*  
*vinifera*, Red Vine Bromelain Vitamin C

## QT. DAILY:

1500mg  
 250mg  
 200mg  
 166mg  
 166mg  
 166mg  
 166mg  
 166mg  
 166mg  
 166mg  
 166mg  
 100mg  
 80mg



# DRAINING

## FORMULA 03

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute

25ml in a 1.5L bottle of water and drink throughout the day, preferably outside of meals.

### INGREDIENTS:

Ext. Hid. *Filipendula ulmaria*, Ulmária Ext. Hid.  
*Betula Alba*, Bétula Ext. Hid. *Cynara*  
*scolymus*, Artichoke Ext. Hid. *Taraxacum*  
*officinale*, Dandelion Ext. Hid. *Orthosiphon stamineus*,  
 Java Tea Ext. Hid. *Hieracium pilosela*, Pilosela Ext. Hid.  
*Plantago Major*, Plantain Ext. Hid. *Passiflora*  
*incarnata*, Passiflora Ext. Hid. *Foeniculum*  
*vulgare*, Fennel L-Carnitine Ext. Hid. *Paullinia*  
*cupana*, Guaraná

Ext. Hid. *Camellia sinensis*, Green Tea (EGCC)

Concentrated juice *Citrus limon*, Lemon

### QT. DAILY:

700mg  
 600mg  
 550mg  
 350mg  
 350mg  
 250mg  
 250mg  
 200mg  
 175mg  
 160mg  
 150mg  
 100mg  
 40mg  
 29mg



# DRAINING

## FORMULA 04

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute

15ml in a 750ml bottle of water and drink throughout the morning, and dilute 15ml in a 750ml bottle of water and drink throughout the afternoon, preferably outside of meals.

#### INGREDIENTS:

*Zingiber Officinale*, Ginger  
*Centella asiatica*, Centella Asiatica  
*Vitis vinifera*, Red Vine  
*Hibiscus sabdariffa*, Hibiscus  
*Aesculus hippocastanum*, Horse Chestnut  
 Hill  
*Garcinia cambogia*, Garcinia  
*Silybum marianum*, Milk Thistle  
 Vitamin C  
*Cynara scolymus*, Artichoke  
*Taraxacum officinale*, Dandelion  
*Capsicum annum*, Cayenne Pepper  
*Beta Vulgaris*, Beetroot  
 Vitamin B5  
 Vitamin B1  
 Chromium

#### QT. DAILY:

1750mg  
 1500mg  
 1000mg  
 600mg  
 500mg  
 165mg  
 100mg  
 100mg  
 80mg  
 50mg  
 50mg  
 10mg  
 10mg  
 6mg  
 1.1mg  
 40µg



## FORMULA 05

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute

15ml in a 750ml bottle of water and drink throughout the morning, and dilute 15ml in a 750ml bottle of water and drink throughout the afternoon, preferably outside of meals.

#### INGREDIENTS:

Hydrophilic ext. *Zingiber officinale*, Ginger Hydrophilic

ext. *Garcinia cambogia*, Garcinia Hydrophilic ext.

*Silybum marianum*, Milk Thistle Colina Hydrophilic ext. *Fumaria*

*officinalis*, Fumaria Vitamin C Hydrolyzed Collagen

Bromelain

Chromium

#### QT. DAILY:

1750mg

1000mg

250mg

165mg

100mg

80mg

75mg

50mg

40µg



# DRAINING

## FORMULA 06

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute

25ml in a 1.5L bottle of water and drink throughout the day, preferably outside of meals.

#### INGREDIENTS:

#### QT. DAILY:

Ext. Hid. <i>Betula alba</i> , Birch Ext.	1500mg
Hid. <i>Filipendula ulmaria</i> , Ulmária Ext.	1200mg
Hid. <i>Orthosiphon stamineus</i> , Java Tea Ext. Hid.	1100mg
<i>Centella asiatica</i> , Centella Asiatica Ext. Hid.	1000mg
<i>Fumaria officinalis</i> , Fumaria Ext. Hid.	500mg
<i>Hieracium pilosela</i> , Pilosela Ext. Hid.	500mg
<i>Cynara scolymus</i> , Artichoke Potassium Choline	300mg 188mg
Vitamin C	82.5mg
Selenium	80mg
Chromium	55µg
	40µg



# DRAINING

## FORMULA 07

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute

25ml in a 1.5L bottle of water and drink throughout the day, preferably outside of meals.

#### INGREDIENTS:

Ext. Dry Conc. *Camellia sinensis*, Red Tea (EGCG)

Ext. Dry Conc. *Camellia sinensis*, Green Tea (EGCG)

Ext. hid. of *Hibiscus sabdariffa*, Hibiscus Ext.

hid. of *Equisetum arvense*, Horsetail Ext. hid. of

*Mentha piperita*, Peppermint Ext. hid. of *Juniperus*

*communis*, Juniper Ext. hid. of *Foeniculum*

*vulgare*, Fennel Ext. hid. from *Melilotus*

*officinalis*, Meliloto Taurine Inositol Chromium

#### QT. DAILY:

1000mg

(50mg)

1000mg

(400mg)

900mg

900mg

500mg

450mg

250mg

200mg

150mg

100mg

40µg



# DRAINING

## FORMULA 08

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute 2

tablespoons in a 750ml bottle of water and drink throughout the morning, and dilute 2 tablespoons in a 750ml bottle of water and drink throughout the afternoon, preferably outside of meals.

#### INGREDIENTS:

Ext. Hid. *Betula alba*, Birch Ext.  
 Hid. *Camellia sinensis*, Green Tea (EGCC)  
 Ext. Hid. *Juniperus communis*, Juniper Ext.  
 Hid. *Orthosiphon stamineus*, Java Tea Ext. Hid.  
*Solidago virgaurea*, Golden Rod Ext. Hid.  
*Equisetum arvense*, Horsetail Ext. Hid.  
*Hieracium pilosela*, Pilosela Ext. Hid.  
*Zingiber officinale*, Ginger Potassium  
 Juice  
 Conc. *Citrus limon*, Lemon Juice  
 Conc. *Malus domestica*, Hill Apple

#### QT. DAILY:

	1200mg
	1200mg
	480mg
	750mg
	750mg
	750mg
	500mg
	500mg
	350mg
	300mg
	250mg
	200mg
	165mg
Magnesium	56mg
Chromium	40µg





# DRAINING

## FORMULA 09

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute

20ml in a 750ml bottle of water and drink throughout the morning, and dilute 20ml in a 750ml bottle of water and drink throughout the afternoon, preferably outside of meals.

#### INGREDIENTS:

Hydrophilic ext. *Zingiber officinale*, Ginger  
Hydrophilic ext. *Equisetum arvense*, Horsetail  
Hydrophilic ext. *Centella asiatica*, Centella Asiatica  
Hydrophilic ext. *Cynara scolymus*, Artichoke  
Potassium  
Choline  
Concentrated juice *Citrus limon*, Lemon  
Hydrolyzed Collagen

#### QT. DAILY:

1050mg  
800mg  
750mg  
500mg  
300mg  
165mg  
57mg  
50mg



# DRAINING

## FORMULA 010

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute 2

tablespoons (20ml) in a half-liter bottle of water and drink throughout the morning, and dilute 2 tablespoons (20ml) in a half-liter bottle of water and drink throughout the afternoon.

#### INGREDIENTS:

#### QT. DAILY:

Ext.Hid. <i>Betula alba</i> , Birch	1000mg
Ext.Hid. <i>Beta vulgaris</i> , Beetroot	1000mg
Ext.Hid. <i>Rosa canina</i> , Rosa Canina	500mg
Ext.Hid. <i>Ficus carica</i> , Figueira	500mg
Ext.Hid. <i>Cynara scolymus</i> , Artichoke	500mg
Ext.Hid. <i>Nasturtium officinale</i> , Watercress	500mg
Ext.Hid. <i>Alnus glutinosa</i> , Black Alder	300mg
Ext.Hid. <i>Foeniculum vulgare</i> , Fennel	300mg
Ext.Hid. <i>Lippia citriodora</i> , Lúcialima L-Carnitine	300mg
	250mg



# DRAINING

## FORMULA 011

### PRESENTATION: 500ml

#### HOW TO TAKE: Dilute

25ml in a 750ml bottle of water and drink throughout the morning, and dilute 25ml in a 750ml bottle of water and drink throughout the afternoon, preferably outside of meals.

#### INGREDIENTS:

*Centella asiatica*, Centella Asiatica  
*Asparagus officinalis*, Asparagus  
*Hieracium pilosella*, Pilosela  
*Smilax officinalis*, Sarsaparilla  
*Vitis vinifera*, Red Vine  
*Camellia sinensis*, Green Tea  
*Orthosiphon stamineus*, Java tea  
*Nasturtium officinale*, Watercress  
*Cynara scolymus*, Artichoke  
 Cider Vinegar  
*Alnus glutinosa*, Black Alder  
*Foeniculum vulgare*, Fennel  
*Lippia citriodora*, Lúcialima  
 L-Carnitine  
 Vitamin C

#### QT. DAILY:

1500mg  
 1200mg  
 1200mg  
 1200mg  
 1200mg  
 600mg  
 600mg  
 600mg  
 600mg  
 480mg  
 360mg  
 360mg  
 360mg  
 300mg  
 80mg



# DRAINING

## FORMULA 012

**PRESENTATION: 500ml**

### HOW TO TAKE: Dilute

25ml in a 1.5L bottle of water and drink throughout the day, preferably outside of meals.

### INGREDIENTS:

### QT. DAILY:

Ext.Hid. <i>Solanum melongena</i> , Eggplant L-Carnitine	900mg
Ext. Dry Conc. <i>Camelia sinensis</i> , Green Tea (EGCG)	750mg
	450mg
	(180mg)
Ext.Hid. <i>Coffea arabica</i> , Green Coffee	300mg
Potassium	60mg
Chromium	40µg



## FORMULA 013

**PRESENTATION: 500ml**

### HOW TO TAKE: Dilute

20ml in a 750ml bottle of water and drink throughout the morning, and dilute 20ml in a 750ml bottle of water and drink throughout the afternoon, preferably outside of meals.

### INGREDIENTS:

Ext. hid. *Hibiscus sabdariffa*, Hibiscus  
Ext. hid. *Centella asiatica*, Centella Asiatica Ext.  
hid. *Cynara scolymus*, Artichoke Ext. hid.  
*Equisetum arvense*, Horsetail Potassium  
Choline  
  
Chromium

### QT. DAILY:

2000mg  
1500mg  
1000mg  
900mg  
300mg  
165mg  
40µg



# DRAINING

## FORMULA 014

**PRESENTATION: 500ml**

**HOW TO TAKE:** Take 15 ml per day diluted in a liter of water.

## INGREDIENTS:

Hydrophilic ext. *Centella asiatica*, Centella Asiatica  
Hydrophilic ext. *Garcinia cambogia*, Garcinia  
Hydrophilic ext. *Ananas sativus*, Pineapple

## QT. DAILY:

1000mg  
400mg  
75mg

